

子どもの心拍数から 体温を推測する

楽しい心拍数測定

0-5m HR 50th		6-11m HR 50th		12m-36m HR 50th	
<36.0	148	<36.0	136	<36.0	118
36.0-36.4	139	36.0-36.4	132	36.0-36.4	120
36.5-36.9	141	36.5-36.9	131	36.5-36.9	121
37.0-37.4	145	37.0-37.4	133	37.0-37.4	126
37.5-37.9	153	37.5-37.9	144	37.5-37.9	136
38.0-38.4	164	38.0-38.4	155	38.0-38.4	147
38.5-38.9	168	38.5-38.9	161	38.5-38.9	152
39.0-39.4	180	39.0-39.4	166	39.0-39.4	160
39.5-39.9	180	39.5-39.9	172	39.5-39.9	166
40.0-40.4	190	40.0-40.4	180	40.0-40.4	170
40.5-	.	40.5-	177	40.5-	180
3y-5y HR 50th		6y-12y HR 50th		13y- HR 50th	
<36.0	103	<36.0	88	<36.0	76
36.0-36.4	105	36.0-36.4	89	36.0-36.4	77
36.5-36.9	107	36.5-36.9	90	36.5-36.9	78
37.0-37.4	113	37.0-37.4	97	37.0-37.4	84
37.5-37.9	121	37.5-37.9	110	37.5-37.9	95
38.0-38.4	131	38.0-38.4	116	38.0-38.4	105
38.5-38.9	138	38.5-38.9	122	38.5-38.9	112
39.0-39.4	142	39.0-39.4	124	39.0-39.4	109
39.5-39.9	146	39.5-39.9	128	39.5-39.9	117
40.0-40.4	150	40.0-40.4	130	40.0-40.4	113
40.5-	150	40.5-	128	40.5-	108